



## Low Cost Healthcare for the Uninsured and Under-insured

### Portland Area

#### Children's Community Clinic

2201 Lloyd Center #2252  
**503.284.5239**

*Provides health care to children and young adults ages 0-21 years with or without insurance. Other services: Asthma/Allergy clinic. For uninsured, flat fee of \$125 per visit. Weekdays*

#### Health Center of UWS

315 SW 4th Ave  
**503.223.2213**

*Provides chiropractic care to low-income patients (under 200% FPL). Pain management. Up to 1 week wait time for new patients. Sliding scale fees. Weekdays.*

#### Mercy and Wisdom Community Health Clinic

7411 SE Powell Blvd  
**503.227-1222**

*Provides primary care, women's health, lab tests and draws, and transgender care to low-income patients. Naturopathic, herbal medicine, acupuncture, massage. Sliding scale fees. Mondays and Thursdays.*

#### Multnomah County Health Department

Locations throughout Portland  
**503.988.5558**

*Health care for low-income residents of Multnomah County, with or without insurance. Other services; STC clinic and vaccines. Financial eligibility screening required. School based health centers for children. Sliding scale fees. Weekdays.*

#### NARA Indian Health Clinics

**Indian Health Clinic:** 15 N Morris Street **503.230.9875**  
**Wellness Center:** 12360 E. Burnside **971.279.4800**

*Primary care, social services, addiction services, and vaccines.  
Priority: Native Americans, homeless, and uninsured.  
Sliding scale fees, no charge for Native Americans.  
Walk-in appointments before noon. Weekdays,  
Wednesday evenings.*

#### National University of Natural Medicine (NUNM)

Additional locations throughout Portland  
Main Clinic: 3025 SW Corbett Ave **503.552.1551**  
Beaverton Clinic: 11975 SW 2nd St **503.552.1515**

*Primary healthcare to low-income patients with or without insurance. Naturopathic, herbal medicine, and acupuncture. Sliding scale fees. Hours and days vary by location. Call for details.*

#### North by Northeast Clinic

714 NE Alberta St  
**503.287.4932**

*Provides primary care services to uninsured and Oregon Health Plan covered adults. Focus on African American community and N/NE Portland residents. No fees for service.*

#### Oregon College of Oriental Medicine (OCOM)

75 NW Couch St **503.445.0951**  
2029 NE Cesar E. Chavez Blvd **503.281.1917**

*Acupuncture, therapeutic massage, Chinese herbal medicine, preventative medicine, chronic pain and disease management. Serves all residents. \$5-\$35 per visit. Same day and walk-ins available. Weekdays and evenings; Saturdays*

#### OHSU Family Medicine at Richmond

3930 SE Division Street  
**503.418.3900**

*Provides acute and chronic care for SE Portland residents. Call for eligibility requirements. Vaccines available. Sliding scale fees. Weekdays and evenings, Saturdays 9:00 AM - 1:00 PM*

#### OHSU Richmond Walk-in Clinic:

4212 SE Division St.  
**503.418.1500**  
Weekdays and evenings, Saturday 9:00 AM - 3:00 PM

#### Old Town Clinic

727 W Burnside Street  
**503.228.4533**

*Provides primary care, acute care, and mental health services to patients with or without insurance. Priority: homeless, existing Central City Concern clients and those seeking addiction services. Weekdays*

## Portland Area (cont.)

### Outside In Medical Clinic

1132 SW 13th Avenue  
**503.535.3860**

*Services patients ages 16 and up with a focus on homeless youth. Call for current eligibility details. Primary Care, acupuncture, chiropractic care, massage therapy, social services and tattoo removal. Sliding scale fee for under 200% FPL. Weekdays, T/W/TH evenings*

### Southwest Community Health Center

Portland: 7754 SW Captiol Hwy **503.977.0733**  
Hillsboro: 266 W Main Street **503.846.4418**

*Provides primary care, women's health, and chronic disease management services to low-income, uninsured Portland area residents. Up to 2 weeks wait time for new patients. Monday through Thursday evenings.*

**Hillsboro Clinic** - Mondays 5:00 PM - 8:00 PM

### The Wallace Medical Concern

Rockwood: 124 NE 181st Ave **503.489.1760**  
Gresham: 254 NW Burnside Road **503.489.1760**

*Provides care to patients with or without insurance. Sliding scale fees. Call for appointments*

**Rockwood:** Primary Care

**Gresham:** Primary and chiropractic care

**Mobile van:** Primary care. Multiple locations, days and times. Call for details.

### Rosewood Family Health Center

8935 SE Powell Blvd  
**503.772.4335**

*Provides family medicine, pediatrics and obstetrics services to OB patients, children. Open Card insurance. Weekdays and Saturdays*

### Portland Adventist Community Services (PACS) Family Health Center

11020 NE Halsey Street  
**503.252.4589**

*Serves low-income (under 200% FPL) residents of Multnomah County who live: E of 82nd, W of 242nd, S of I-84, and N of Powell. Primary care, chronic and acute care, and vaccines. 2-6 week wait time for new patients. \$20 per visit. Weekday mornings. Closed holidays. **Food pantry:** open to everyone.*

## Clackamas County Community

### Clackamas County Health Centers (OHP and uninsured)

#### Beavercreek - full service primary health care

110 Beavercreek Road, Suite 100  
Oregon City, OR 97045  
**503.655.8471**

#### Sunnyside - full service primary health care

9775 Sunnyside Road, Suite 200  
Clackamas, OR 97015  
**503.655.8471**

#### Gladstone - full service primary health care

18911 Portland Avenue  
Gladstone, OR 97027  
**503.655.8471**

#### Sandy

37400 SE Bell Street  
Sandy, OR 97055  
**503.655.8471**

Located at the new Sandy High School (East Entrance)

#### Providence Medical Group - Multiple locations and specialties

(Providence Health Share)

**Scheduling Line for all locations: 503.582.2185**

## Clackamas County Community (cont.)

### Neighborhood Health Center

Canby  
178 SW 2nd Avenue  
Canby, OR 97013  
**503.416.4547**

Milwaukie  
10330 SE 32nd Avenue, Suite 325  
Milwaukie, OR 97222  
**503.416.1960**

Oregon City  
19029 S Beaver Creek Road  
Oregon City, OR 97045  
**503.941.3064**

### Pediatrics

**Clackamas Pediatrics**  
(Open Card, CareOregon, Health Share)  
Sunnybrook Medical Office  
8645 SE Sunnybrook Blvd., Ste 200  
Clackamas, OR 97015  
**503.659.1694**

**Oregon City Pediatrics**  
(Providence OHP and CareOregon)  
14279 S. Glen Oak Road  
Oregon City, OR 97045  
**503.657.7629**

## Mental Healthcare

**National Suicide Prevention Lifeline: 800.273.8255**

**Clackamas County Mental Health Crisis Line: 503.655.8585**

### Clackamas County Behavioral Health

2051 Kaen Road  
Oregon City, OR 97045  
**503.742.5335**

**Riverstone Urgent Walk-in Center**  
11211 SE 82nd Avenue, Suite O  
Happy Valley, OR 97086  
**503.655.8585**

**Hilltop Behavioral Health**  
998 Library Court  
Oregon City, OR 97045  
**503.655.8401**

**Sandy Community Health Center**  
38872 Proctor Blvd.  
Sandy, OR 97055  
**503.655.8401**

## Multnomah County

Multnomah County provides low-cost family health care at 7 locations. We provide care to all Multnomah County residents, including those who are low-income and uninsured. **Appointments: 503.988.5558**

**East County Health Center**  
600 NE 8th Street, 3rd Floor  
Gresham, OR 97030  
**503.988.5558**  
Fax: 503.988.5185  
Monday - Friday 8:00AM - 7:00PM

**Mid County Health Center**  
12710 SE Division Street  
Portland, OR 97236-3134  
**503.988.5558**  
Fax: 503.988.4167  
Monday - Friday 8:00AM - 7:00PM

**North Portland Health Center**  
9000 N Lombard Street  
Portland, OR 97203-3006  
**503.988.5558**  
Fax: 503.988.5305  
Monday - Friday 8:00AM - 6:00PM

**La Clinica de Buena Salud**  
6736 NE Killingsworth Street  
Portland, OR 97218-3317  
**503.988.5558**  
Fax: 503.988.3998  
Monday - Friday 8:00AM - 5:00PM

**Northeast Health Center**  
5329 NE MLK Jr Blvd  
Portland, OR 97211-3237  
**503.988.5558**  
Fax: 503.988.5182  
Monday - Friday 8:00AM - 7:00PM

**Rockwood Community Health Center**  
2020 SE 182nd Avenue  
Portland, OR 97233  
**503.988.5558**  
Fax: 503.988.5668  
Monday - Friday 8:00AM - 6:00PM

**Southeast Health Center**  
3653 SE 34th Avenue  
Portland, OR 97202-3034  
**503.988.5558**  
Fax: 503.988.5572  
Monday - Friday 8:00AM - 5:00PM