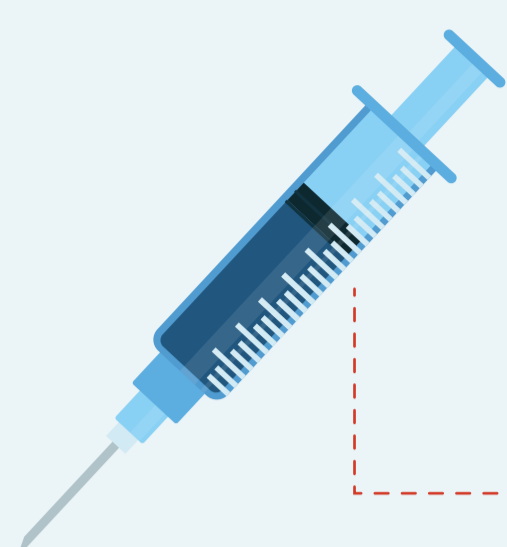


# THE FACTS ABOUT VACCINES

## VACCINE SAFETY

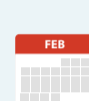


Vaccinations are the safest way to protect against influenza and reduce the risk of contracting influenza by

**40% - 60%**

## WHEN SHOULD I GET VACCINATED?

**ANYONE SIX MONTHS+** should get an annual flu shot by October, with rare exceptions.



Flu activity peaks in February.

## DEBUNKING A CONTAGIOUS MYTH

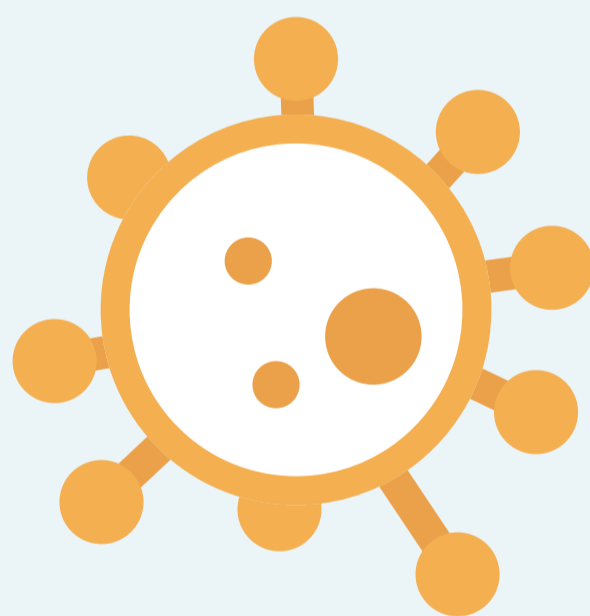


**YOU CANNOT CATCH THE FLU BY GETTING VACCINATED.**

If you get sick after a flu shot, you were infected beforehand, or the vaccine's effectiveness hadn't kicked in.

## WHY SHOULD I GET VACCINATED IF I'M HEALTHY?

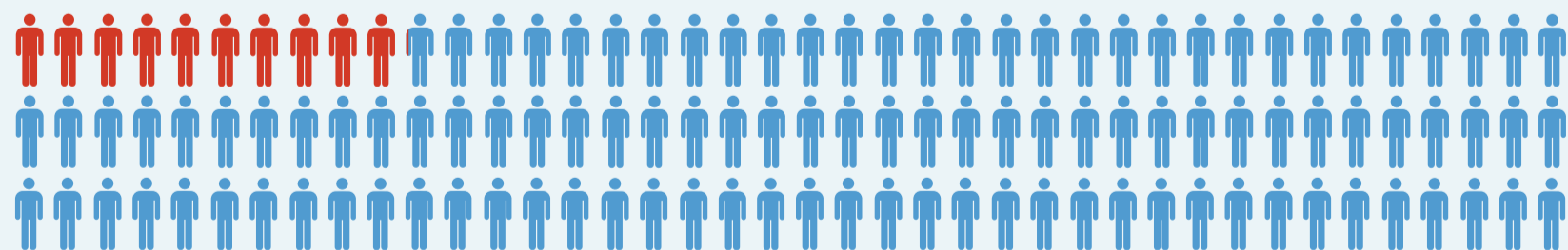
While flu symptoms may be less severe for healthy individuals, spreading the virus puts children and older adults at extreme risk and allows the virus to mutate, making it harder to control and protect everyone.



## IF YOU DON'T GET VACCINATED YOU PUT PEOPLE AT RISK

### 2017-2018 FLU SEASON:

**900,000 PEOPLE WERE HOSPITALIZED AND MORE THAN 80,000 PEOPLE DIED.**



**80%** of children who died had not been vaccinated.

**58%** of hospitalizations were individuals 65+.



**OCT. 2018 185 PEDIATRIC DEATHS OCCURRED.**